

## Sports & Recreation Covid-19 Decision Guide

OPH has developed this resource as a guide for the Sports & Recreation sector on the decisions they may need to make when dealing with illness within their organization.

This document is not exhaustive and should be used for reference only, please refer to the [Ottawa Public Health COVID-19 webpage](#) for more information.

### Select from the following scenarios:

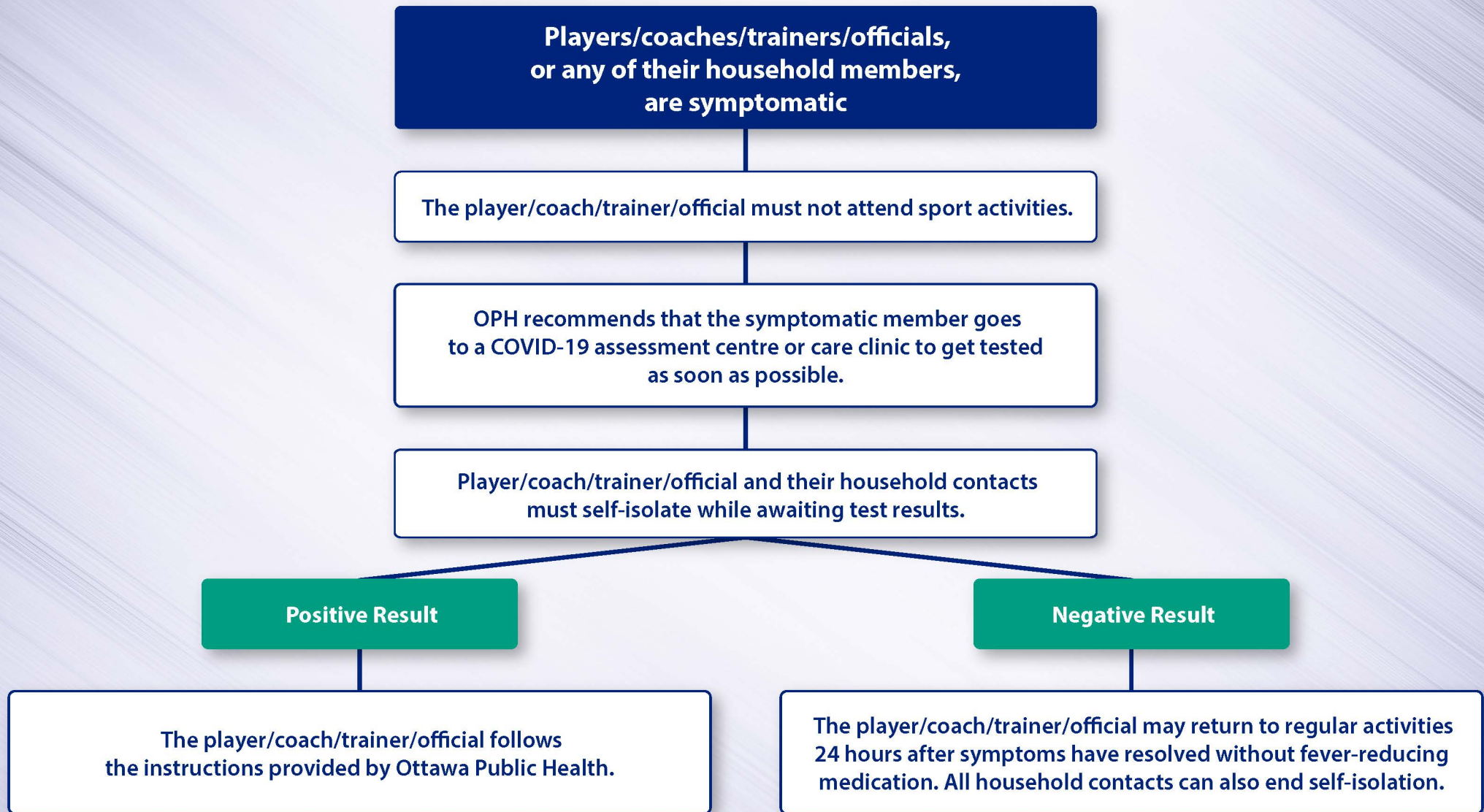
**Players/coaches/trainers/officials, or any of their household members, are symptomatic**

**Players/coaches/trainers/officials have tested positive for COVID-19**

**Members of the team/coaching staff identified as high-risk contact**

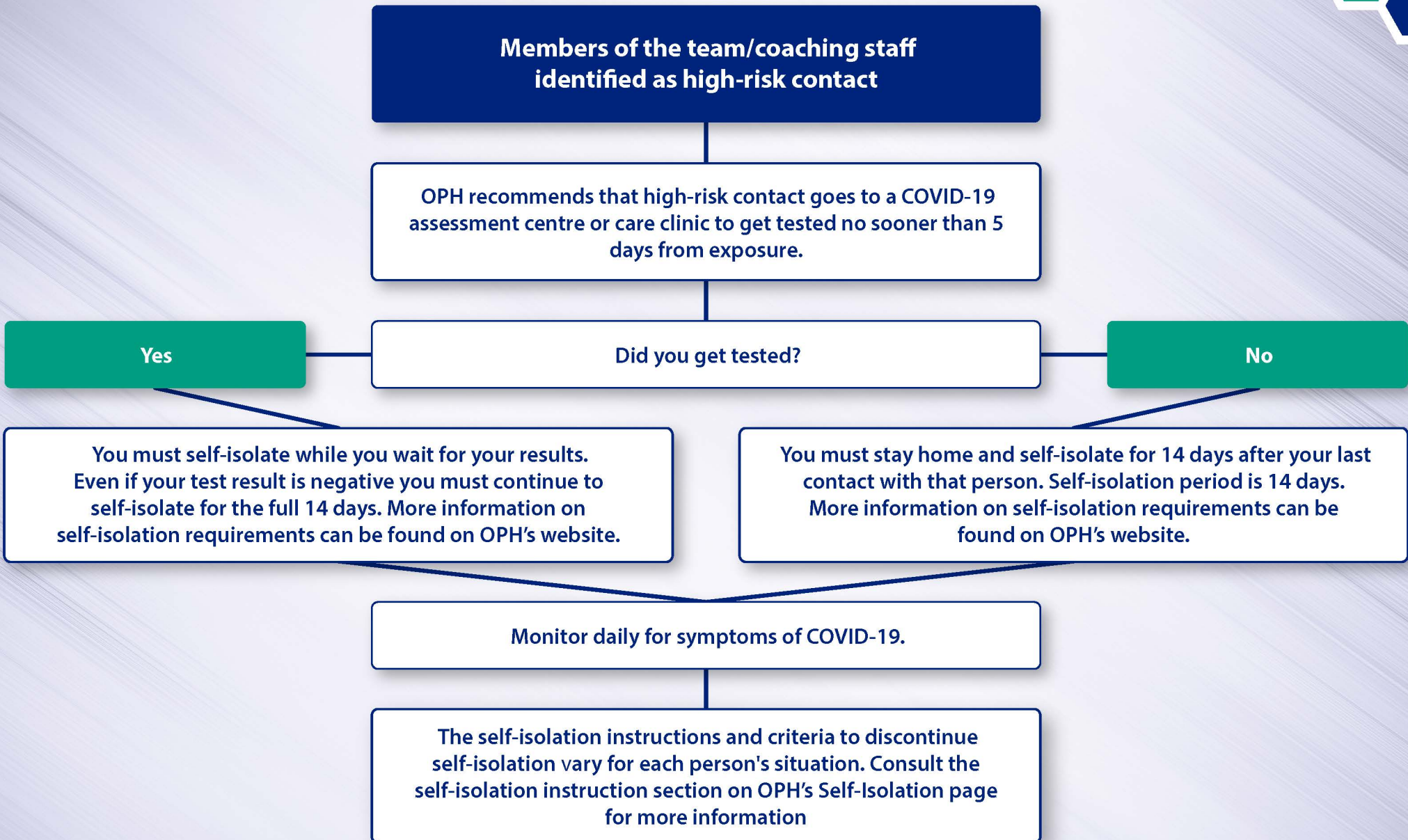
**Members worried about transmission within the team**

**Members of the team attend school where there are cases**





**All teams should identify a communications channel by which you can connect with team members if indicated. Personal health information is kept private by OPH.**



**Siblings and other members within the same household of a high-risk contact who has no symptoms awaiting test results do not need to self-isolate and may return to school/work/sports; however, they should continue to monitor for symptoms.**

